

During Pesach (Passover), the ownership and consumption of chametz is strictly prohibited to Jews (Exodus ch.12); so strictly that the penalty for doing so is karet, spiritual excommunication from God.

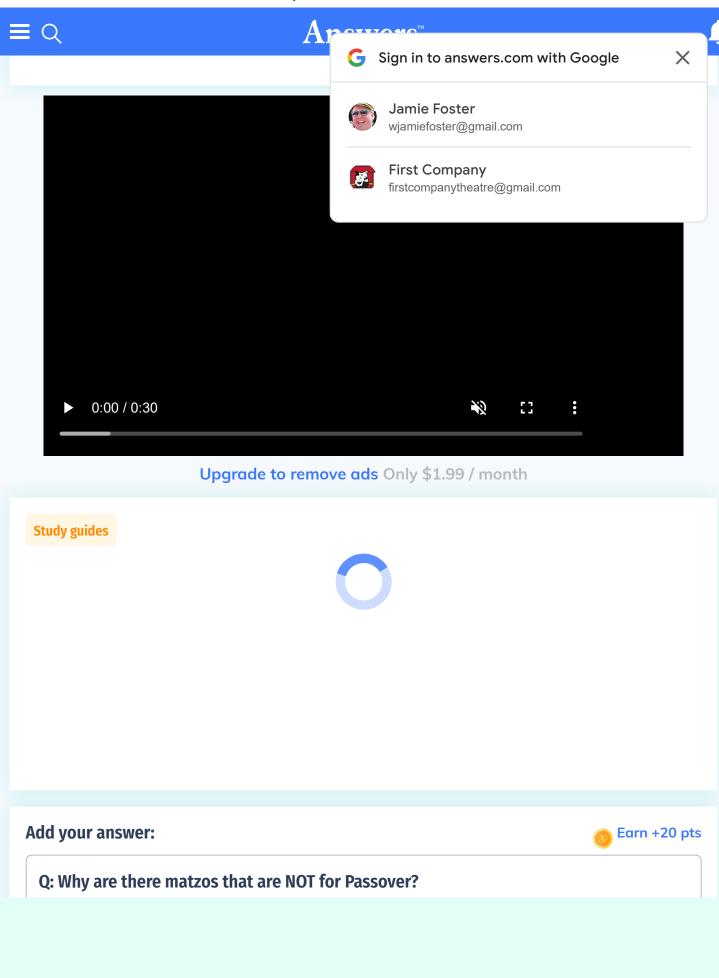
Chametz is any product made from one of the five grains (wheat, barley, spelt, rye and oats) which has come into contact with water for more than eighteen minutes, which would cause Chimutz (leavening). This includes pasta, bread, cookies, beer and non-Passover matzah, since all of them are in contact with water during manufacture.

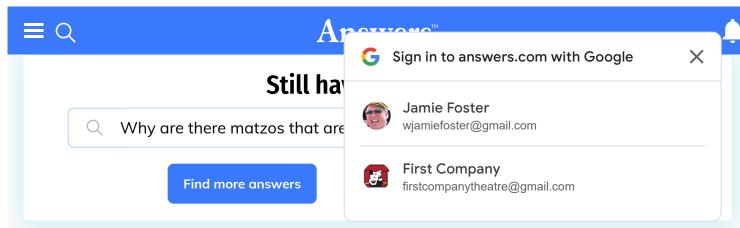
To be kosher for Pesach, matzah must be special shmurah ("observed" or "guarded") matzah, which means that the person who made them has kept a careful eye on them before and during baking to ensure that the matzah flour (which itself has been closely guarded against contact with water ever since the grain was harvested) is in contact with water for no more than eighteen minutes before it has finished baking (once baked, the five grains cannot become chametz). The baking is often carried out by chaburas (groups) of Orthodox Jewish men.

This "guarded" method of manufacture is quite a bit more complex than the production of not-for-Pesach matzah; and so, when making matzah for use during the rest of the year, it is less expensive to make the type that are not kosher for Pesach since the Torah-laws against chametz do not apply at other times of the year.

Simply, people like to eat matzah at times that are not Passover and the process to make non-Kosher for Passover Matzot is cheaper.

🚯 Wiki User 8y ago





# **Answers+**

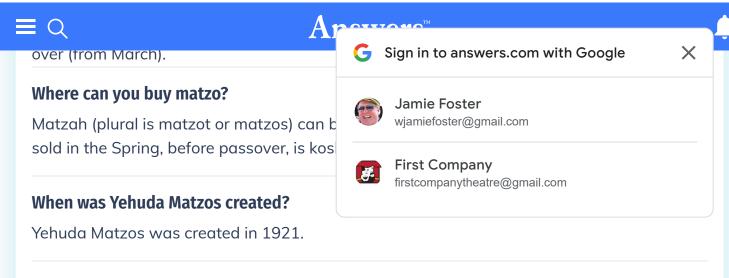
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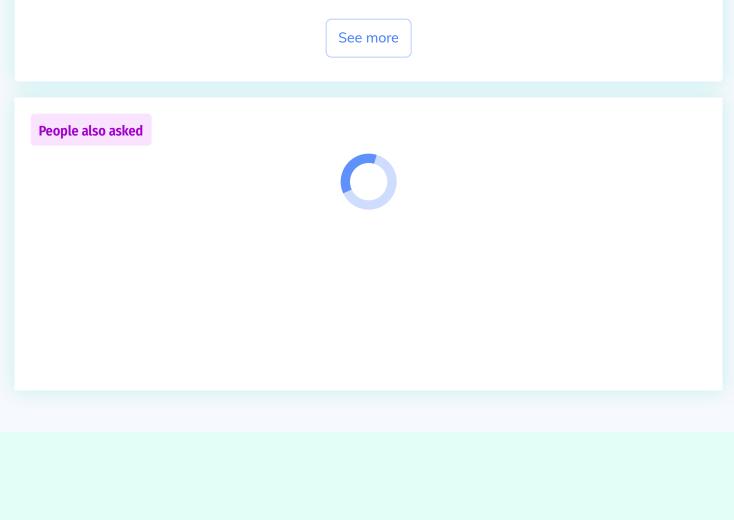


### What do jewish people eat over Passover?

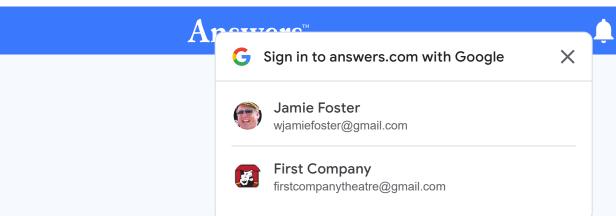
Instead of bread, matzos are eaten. Other foods are the same as the rest of the year, except that they should have kashruth certification indicating that they are kosher for Pesach (Pa...

## Why did matzos be named matzos?

They are named in the Torah (Exodus ch.12). "Matzo" comes from a Hebrew root meaning s queezing or pressure, because the matzos are not allowed to leaven and swell.



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